

Division U7 Field Rules

(updated 8/6/2007)

Games Will be 40 minutes consisting of four 10 minute quarters. Quarter breaks shall be 1 minute and half-time break shall be 5 minutes. All games will start on the hour and end at 10 minutes to the hour at the sound of the field horn.

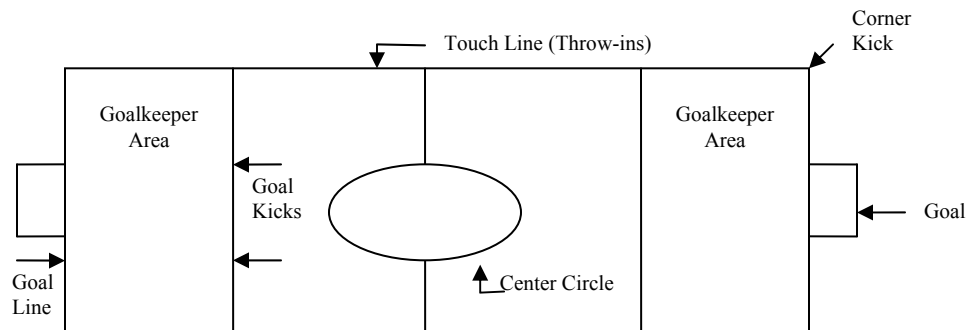
Ball Size 3

Player's 4 field players plus a goalkeeper per side.

Substitutions Play time shall be equal for all players and all players shall have play time in the field and at goal keeper (i.e., no player may only play goal keeper). Free substitution may be made on a dead ball (e.g., throw-in, corner kick, goal kick, kick off).

Referees Each coach will be on the field to officiate the game. The focus shall be on development and not hyper-technical application of the rules. No referees are scheduled for these matches. The objective is to keep the game playing and to offer instruction as needed.

Sidelines Home team is listed first on the schedule and sits on the north or west side of the field. Each team must sit upon assigned separate sides of the field (no exceptions). No one is permitted behind the goal or goal line at anytime during the match.



Goal kicks Will be taken from the goalkeeper area line (as set by the coach to help facilitate weaker kicks) and must cross the halfway line before any player can touch the ball.

Corner kicks Will be taken from the corner of the field where the ball went across the goal line. Opposing players must be a minimum of 5 yards away from the kicker.

Restarts Can be either with a throw in, drop ball or direct free kick. If a direct free kick is used the opposing team shall remain a minimum of 5 yards from the kicker. If the restart is to occur within the goalkeeper area, the restart shall be taken from the nearest point that is outside of the goalkeeper area.